

## Original Article

**Performance strategy in the hand mental rotation task  
in patients with schizophrenia**

Minoru SHIBUI, Department Of Health Sciences, Graduate School of Health Sciences, Kyorin University, Department of Occupational Therapy, Nishikumagaya Hospital  
Hideki MOCHIZUKI, Department of Occupational Therapy, Kyorin University  
Kotaro TAKEDA, Fujita Memorial Nanakuri Institute, Fujita Health University,  
Yutaka SATO, Graduate School of Integrated Arts and Sciences, Tokushima University,  
Izumi NAGASHIMA, Department of Occupational Therapy, Kyorin University,  
Yusuke HARADA, Department of Occupational Therapy, Kyorin University  
Nobuaki SHIMODA\*, Department of Occupational Therapy, Kyorin University

**Abstract**

**Purpose:** We compared the response times for each presented angle in a hand mental rotation task (HMRT) in patients with schizophrenia in order to investigate performance strategies adopted when patients were required to determine whether a presented picture showed a left or right hand.

**Patients and Methods:** Twenty-three right-handed patients with schizophrenia (15 male and 8 female, mean age  $39.5 \pm 11.6$  years) performed the HMRT. A total of 96 pictures randomly featuring left or right hands, either palm or back of hand, rotated in six different angles (at a  $60^\circ$  intervals) were presented to participants. Participants were instructed to determine the left or right for each picture as fast and as accurately as possible by pressing the left or right key.

**Conclusion:** Response times were longer for the angles that were difficult for participants to simulate. These results indicate that participants utilize a motor imagery strategy to perform HMRTs.

**Keywords:** Motor imagery, Mental disorder, Cognitive dysfunction, Reaction time, Motor response generation

**Introduction**

Schizophrenia is one of the most important diseases in the rehabilitation of mental disorders, characterized by positive symptoms such as hallucinations and delusions, and negative symptoms such as flat affect. In addition to its characteristic mental symptoms, in recent years, the focus has been shifted to the clinical significance of cognitive dysfunction due to this disease. One of the reasons for this shift is that cognitive dysfunction is more closely associated with social outcomes than mental symptoms (Green, 1996; Green, 2000).

Cognitive functions that are impaired in patients with schizophrenia include memory (Bilder, 2000; Wilk, 2005), working memory,

(Gold, 1997; Cassetta, 2016), information processing speed, (Wilk, 2005; Cassetta, 2016), attention (Harvey, 1989; Granholm, 1996), and executive function (Bilder, 2000; Vizzotto, 2016). These elements are included in evaluation items for the standardized Brief Assessment of Cognition in Schizophrenia (Keefe, 2004) and the MATRICS Consensus Cognitive Battery (Green, 2004), and are considered to be at the central core of cognitive dysfunction in patients with schizophrenia. Alternatively, it has been reported that motor imagery ability in patients with schizophrenia is also impaired (Maruff, 2003).

In the rehabilitation of patients with schizophrenia, poor gross motor function, manual clumsiness, and poor judgment of

appropriate physical distance from people and objects are observed. It is possible that along with impairment in attention and executive function, motor imagery ability may also be affected, suggesting that the evaluation of motor imagery ability is important for patients with schizophrenia.

One of the tasks that enable evaluation of implicit motor imagery ability is the hand mental rotation task (HMRT) (Sekiyama, 1982; Takeda, 2010; Chen, 2015; Zapparoli, 2016). In the HMRT, individual pictures of the “left” or “right” hand at various angles are presented to participants. Participants are required to determine whether the presented picture features the left or right hand as fast and as accurately as possible, with accuracy and response time (RT) recorded. A previous study, utilizing this methodology, found that, when there was a 90° clockwise rotation, RT for the right hand picture was longer than that of left hand picture. Conversely, when there was a 90° counterclockwise rotation, RT for the left hand picture was longer than that of the right hand picture (Takeda, 2010). This suggests that if participants superimpose their own hand on the presented picture, RT becomes longer for pictures at angles that are difficult to simulate (Sekiyama, 1982; Saimpont, 2009; Sekiyama, 2014). Furthermore, if the position of participants’ hands (de Lange, 2006; Ionta, 2009) or the position of fingers (Blasing, 2013) are changed during the experiment, RT changes. During this task, brain activities are observed in motion-related areas (premotor cortex, parietal association cortex, etc.) (Kosslyn, 1998; de Lange, 2006), indicating that during the HMRT, participants simulate the movement with their own hands (motor imagery strategy).

In previous studies utilizing the HMRT in patients with schizophrenia, it was reported that these individuals demonstrate a high rate of error and longer RTs compared to a healthy

population (de Vignemont, 2006; Chen, 2015; Mazhari, 2015). In addition, patients suffering from hallucinations had a higher rate of error (de Vignemont, 2006), and there was a correlation between the rate of correct answers and attention, information processing speed, and executive function (Mazhari, 2014). However, little report has carefully examined the relationship between the angle of presented hand pictures and RT, to determine whether patients with schizophrenia were simulating their own hand movements during the HMRT. There are reports of participants with lowered motor imagery ability not using motor imagery during the HMRT (Wilson, 2004; Craje, 2010); thus, this may be true for patients with schizophrenia as well. Therefore, in this study, we targeted patients with schizophrenia, and by comparing RT for each presented angle during the HMRT, we examined whether a motor imagery strategy was used as a task performance strategy.

We explained the objective and methods of the present study in a written form and obtained informed consent. This study was implemented with an approval from the ethical review board of Faculty of Health Sciences, Kyorin University (Approval number 26-48).

## Patients and Methods

### 1 Participants (Table 1)

Participants were 15 males and 8 females, all right-handed, with a mean age of  $39.5 \pm 11.6$  (*Mean ± Standard Deviation*) years, who were diagnosed with schizophrenia based on the ICD-10 classification of mental and behavioral disorders (World Health Organization, 1992). The age ranged from 20s to 50s, and the education level was high school or higher. To confirm the dominant hand, we obtained Laterality Quotient with a simplified version of

the Edinburgh Handedness Inventory (Oldfield, 1971) by Sakano et al. (1985).

Table 1: Demographic and clinical characteristics of patients

| <i>n</i> = 23 (Male 15, Female 8) |                   |
|-----------------------------------|-------------------|
| Age (years)                       | $39.5 \pm 11.6$   |
| Education (years)                 | $13.3 \pm 1.7$    |
| Laterality Quotient               | $98.3 \pm 5.8$    |
| Disease duration (years)          | $14.1 \pm 9.0$    |
| Chlorpromazine equivalent (mg)    | $653.2 \pm 437.9$ |

*Mean  $\pm$  Standard Deviation*

## 2 Experimental procedure

Before the HMRT, patients completed a left-right selection task (30 images) in which an image of an arrow pointing to the left or right was displayed. Participants then practiced the HMRT using six hand images prior to engaging in the experimental task in the actual HMRT (96 images). For stimulated presentation, accuracy of response, and measurement of RT, as assessed by E-prime 2.0 (Psychology Software Tools, Inc., Pittsburgh, PA, USA), were used. Images used for stimulation and measurement protocols are shown. These are almost identical to those used in a previous study of the HMRT with stroke patients (Harada, 2016).

### 1) Experimental setup

All experiments were conducted in a quiet setting with no distracting sounds. A laptop computer (Latitude 15, 3000 series, 15.6 model, Dell-Japan Corp., Kawasaki, Japan) was placed on the desk in front of the participants. The keyboard was masked with an acrylic plate with two openings over the F and J keys. Participants gently placed their left index finger on the F key, and right index finger on the J key. During the HMRT, a cover was placed to prevent participants from seeing their hands.

### 2) Left-right arrow task (Figure 1a)

An image of an arrow pointing to the left or right was used. Following the presentation of a fixation point for 1.5 seconds, participants were presented with an image of a left or right arrow in a random order, at which point they were required to indicate whether the arrow pointed to the left or right. They were instructed to press the F key for left arrow and J key for the right arrow as fast and accurately as possible. Accuracy and RT were recorded for 15 trials each for left and right arrows.

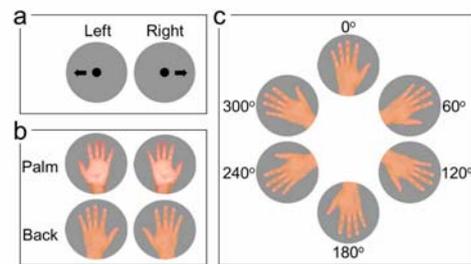


Figure 1: (a) Fixation point and arrow. (b) Hand pictures. (c) Six orientations for the hand mental rotation task. We used the same figures in our previous study (Harada, 2016).

### 3) HMRT (Figures 1b and 1c)

We used pictures of hands in which the middle finger pointing upward was defined as an angle of 0°, and clockwise rotation that occurred in increments of 60° (0°, 60°, 120°, 180°, 240°, and 300°). The total of images used was left or right hand (2)  $\times$  palm or back of hand (2)  $\times$  presented angle (6)  $\times$  repetition (4), totaling 96 images, which were presented randomly. Participants were instructed to press the F key and J key for left and right hand pictures, respectively, as fast as possible. RT and accuracy were recorded.

## 3 $\Delta$ RT

Although there was no difference in mean RT ( $RT_{\text{mean}}$ ) between right and left arrows, we subtracted the  $RT_{\text{mean}}$  of the left arrow from the  $RT_{\text{mean}}$  of the left hand picture, and  $RT_{\text{mean}}$  of

the right arrow from the  $RT_{\text{mean}}$  of the right hand picture ( $\Delta RT$ ). This was to reduce the difference between left and right hands from when deciding which key to press (decision making), and to actually press the key (motor response generation), in order to compare the time required for mental rotation in the cognitive process in the HMRT (Zapparoli, 2016; Harada 2016). For  $\Delta RT$ , we performed a repeated measure ANOVA, with left and right hand, and presented angle, as the within-subjects factors.

With 5% as the significance level, we used SPSS Statistics (Ver.24.0, IBM Corporation, Armonk, USA). Subsequently, multiple comparisons made in the test were corrected with the Bonferroni method. In addition, we examined sphericity prior to ANOVA, and when sphericity was not assumed, we obtained  $\epsilon_{GG}$  with the Greenhouse-Geisser method to correct the degrees of freedom.

## Results

Regarding  $\Delta RT$  (Figure 2), there was significant interaction between left-right hand pictures and presented angles,  $F(5, 110) = 8.54$ ,  $\epsilon_{GG} = 0.61$ ,  $p < 0.001$ . At  $0^\circ$ , compared to  $\Delta RT$  for the right hand picture ( $1.02 \pm 0.12$  s) ( $M \pm SEM$ ),  $\Delta RT$  for the left hand picture ( $1.18 \pm 0.12$  s) was significantly longer ( $p < .05$ ). At  $120^\circ$ , compared to  $\Delta RT$  for the left hand picture ( $1.34 \pm 0.16$  s),  $\Delta RT$  for the right hand picture ( $1.75 \pm 0.22$  s) was significantly longer ( $p < .01$ ). At  $240^\circ$ , compared to  $\Delta RT$  for the right hand picture ( $1.08 \pm 0.11$  s),  $\Delta RT$  for the left hand picture ( $1.76 \pm 0.22$  s) was significantly longer ( $p < .01$ ). Similarly, at  $300^\circ$ , compared to  $\Delta RT$  for the right hand picture ( $0.95 \pm 0.11$  s),  $\Delta RT$  for the left hand picture ( $1.33 \pm 0.15$  s) was significantly longer ( $p < .05$ ).

In the left hand pictures,  $\Delta RT$  at  $180^\circ$  was significantly longer than at  $0^\circ$  ( $p < .001$ ),  $60^\circ$  ( $p$

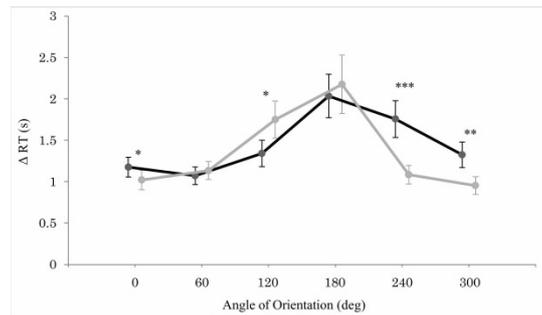


Figure 2:  $\Delta RT$  ( $M \pm SEM$ ) plotted against the orientations ( $0^\circ$ ,  $60^\circ$ ,  $120^\circ$ ,  $180^\circ$ ,  $240^\circ$ , and  $300^\circ$ ) for left hand (black) and right hand (grey) pictures. Asterisks indicate a significant difference between left- and right- pictures in each orientation;  $*p < .05$ ,  $**p < .01$ , and  $***p < .001$ . In left hand picture recognition, there were Bonferroni-corrected significant differences between six pairs ( $0^\circ$  and  $180^\circ$ ,  $p < .001$ ;  $0^\circ$  and  $240^\circ$ ,  $p < .05$ ;  $60^\circ$  and  $180^\circ$ ,  $p < .01$ ;  $60^\circ$  and  $240^\circ$ ,  $p < .05$ ;  $120^\circ$  and  $180^\circ$ ,  $p < .001$ ;  $180^\circ$  and  $300^\circ$ ,  $p < .05$ ). In right hand picture recognition, there were Bonferroni-corrected significant differences between eight pairs ( $0^\circ$  and  $120^\circ$ ,  $p < .01$ ;  $0^\circ$  and  $180^\circ$ ,  $p < .01$ ;  $60^\circ$  and  $120^\circ$ ,  $p < .01$ ;  $60^\circ$  and  $180^\circ$ ,  $p < .05$ ;  $120^\circ$  and  $240^\circ$ ,  $p < .01$ ;  $120^\circ$  and  $300^\circ$ ,  $p < .01$ ;  $180^\circ$  and  $240^\circ$ ,  $p < .01$ ;  $180^\circ$  and  $300^\circ$ ,  $p < .01$ ).

$p < .01$ ),  $120^\circ$  ( $p < .001$ ), and  $300^\circ$  ( $p < .05$ ). In the right hand pictures,  $\Delta RT$  at  $180^\circ$  was significantly longer than at  $0^\circ$  ( $p < .01$ ),  $60^\circ$  ( $p < .05$ ),  $240^\circ$ , ( $p < .01$ ), and  $300^\circ$  ( $p < .01$ ).

## Discussion

This study targeted patients with schizophrenia to conduct the HMRT, and by comparing  $\Delta RT$  for each presented angle, we examined whether a motor imagery strategy is used as a task performance strategy.

At  $0^\circ$  where mental rotation is not required, compared to  $\Delta RT$  for the right hand picture, that of the left hand was longer. It indicated that in the HMRT, participants may be simulating the movement of their dominant hand (right

hand) (Nico, 2004; Ionta, 2009). If participants of the present study were simulating the movement of the dominant hand (right hand), with the right hand pictures, participants actually press the key with their right hand while simulating the movement. With left hand pictures, participants press the key with the left hand instead of the right hand that simulates the movements, and that adds extra time. Therefore, results at 0° where mental rotation is not required suggest that participants are using motor imagery strategy as task performance strategy.

At 120°,  $\Delta RT$  for the right hand pictures was significantly longer when compared to the left hand pictures. At 240° and 300°, compared to  $\Delta RT$  for the right hand pictures, that of the left hand pictures was significantly longer. Angles of 120° for the right hand picture, and of 240°/300° for the left hand picture, all have fingertips facing the lateral sides of the body for both right and left hands, and are difficult to simulate compared to the angles that have fingertips facing the center of the body. Therefore, at these three angles (120°, 240°, and 300°),  $\Delta RT$  was found to be long for pictures that were difficult for the participants to simulate with their own hands. Based on the idea that the time actual movement takes equals the time the movement will take in motor imagery as well (Decety, 1989), many previous HMRT studies with healthy adults as the subjects have proposed that if RT is longer with angles that are difficult to simulate, participants are using a motor imagery strategy (Sekiyama, 1982; Saimpont, 2009; Takeda, 2010; ter Horst, 2010; Conson, 2013; Zapparoli, 2016). The similar results obtained in the present study indicate that patients with schizophrenia, who may have impaired cognitive functions, such as memory, working memory, processing speed of visual information, executive function, and motor imagery ability, also use a motor imagery

strategy for HMRT task performance, in a manner similar to healthy individuals. In the future, by comparing results of HMRT with healthy individuals, matching gender and age, we will examine differences in motor imagery ability, and examine any connection between results of HMRT and mental symptoms, cognitive dysfunction, and social function. In this manner, we hope to understand and support behavioral characteristics in rehabilitation.

In the present study, with the HMRT that is already clinically applied (Polli, 2016), and by comparing RT for different presentation angle, it was shown that patients with schizophrenia also use a motor imagery strategy as a performance strategy, similar to healthy individuals and stroke patients shown in our previous study (Harada, 2016).

**Acknowledgments:** This study was supported by JSPS KAKENHI Grant Number 15K01432.

## References

- Bilder RM, Goldman RS, Robinson D Reiter G, Bell L, Bates JA, Pappadopulos E, Willson DF, Alvir JM, Woerner MG, Geisler S, Kane JM, Lieberman JA, 2000. Neuropsychology of first-episode schizophrenia: initial characterization and clinical correlates. *Am J Psychiatry*, 157, 549-559.
- Blasing B, Brugger P, Weigelt M, Schack T, 2013. Does thumb posture influence the mental rotation of hands? *Neurosci Lett*, 534, 139-144.
- Cassetta BD, Goghari VM, 2016. Working memory and processing speed training in schizophrenia: study protocol for a randomized controlled trial. *Trials*, 17, 49.
- Chen J, Wei D, Yang L, Wu X, Ma W, Fu Q, Wang H, Liu G, Deng Z, Ye M, Zhang Y, Zhang Z, 2015. Neurocognitive impairment on motor imagery associated with positive

- symptoms in patients with first-episode schizophrenia: evidence from event-related brain potentials. *Psychiatry Res*, 231, 236-243.
- Conson M, Mazzarella E, Trojano L, 2013. Developmental changes of the biomechanical effect in motor imagery. *Exp Brain Res*, 226, 441-449.
- Craje C, van Elk M, Beeren M, van Schie HT, Bekkering H, Steenbergen B, 2010. Compromised motor planning and motor imagery in right hemiparetic cerebral palsy. *Res Dev Disabil*, 31, 1313-1322.
- Decety J, Jeannerod M, Prablanc C, 1989. The timing of mentally represented actions. *Behav Brain Res*, 34, 35-42.
- de Lange FP, Helmich RC, Toni I, 2006. Posture influences motor imagery: An fMRI study. *NeuroImage*, 33, 609-617.
- de Vignemont F, Zalla T, Posada A, Louvegnez A, Koenig O, Georgieff N, Franck N, 2006. Mental rotation in schizophrenia. *Conscious Cogn*, 15, 295-309.
- Gold JM, Carpenter C, Randolph C, Goldberg TE, Weinberger DR, 1997. Auditory working memory and Wisconsin Card Sorting Test performance in schizophrenia. *Arch Gen Psychiatry*, 54, 159-165.
- Granholm E, Asarnow RF, Marder SR, 1996. Dual-task performance operating characteristics, resource limitations, and automatic processing in schizophrenia. *Artic Neuropsychology*, 10, 11-21.
- Green MF, 1996. What are the functional consequences of neurocognitive deficits in schizophrenia? *Am J Psychiatry*, 153, 321-330.
- Green MF, Kern RS, Braff DL, Mintz J, 2000. Neurocognitive deficits and functional outcome in schizophrenia: are we measuring the "right stuff"? *Schizophr Bull*, 26, 119-136.
- Green MF, Nuechterlein KH, 2004. The MATRICS initiative: developing a consensus cognitive battery for clinical trials. *Schizophr Res*, 72, 1-3.
- Harada Y, Mochizuki H, Takeda K, Nagashima I, Sato Y, Uchihara M, Shimoda N, 2016. Performance strategy in the hand mental rotation task in hemiplegic stroke patients. *J Ergon Technol*, 16, 15-23.
- Harvey PD, Pedley M, 1989. Auditory and visual distractibility in schizophrenia: Clinical and medication status correlations. *Schizophr Res*, 2, 295-300.
- Ionta S, Blanke O, 2009. Differential influence of hands posture on mental rotation of hands and feet in left and right handers. *Exp Brain Res*, 195, 207-217.
- Keefe RS, Goldberg TE, Harvey PD, Gold JM, Poe MP, Coughenour L, 2004. The Brief Assessment of Cognition in Schizophrenia: reliability, sensitivity, and comparison with a standard neurocognitive battery. *Schizophr Res*, 68, 283-297.
- Kosslyn SM, DiGirolamo GJ, Thompson WL, Alpert NM, 1998. Mental rotation of objects versus hands: Neural mechanisms revealed by positron emission tomography. *Psychophysiology*, 35, 151-161.
- Maruff P, Wilson P, Currie J, 2003. Abnormalities of motor imagery associated with somatic passivity phenomena in schizophrenia. *Schizophr Res*, 60, 229-238.
- Mazhari S, Moghadas TY, 2014. Abnormalities of mental rotation of hands associated with speed of information processing and executive function in chronic schizophrenic patients. *Psychiatry Clin Neurosci*, 68, 410-417.
- Mazhari S, Tabrizi YM, Nejad AG, 2015. Neural evidence for compromised mental imagery in individuals with chronic schizophrenia. *J Neuropsychiatry Clin Neurosci*, 27, 127-132.
- Nico D, Daprati E, Rigal F, Parsons L, Sirigu A,

2004. Left and right hand recognition in upper limb amputees. *Brain*, 127, 120-132.
- Oldfield RC, 1971. The assessment and analysis of handedness: The Edinburgh Inventory. *Neuropsychologia*, 9, 97-113.
- Polli A, Moseley LG, Gioia E, Beames T, Baba A, Agostini M, Tonin P, Turolla A, 2016. Graded motor imagery for patients with stroke: a non-randomised controlled trial of a new approach. *Eur J Phys Rehabil Med*, 21, 1-22.
- Saimpont A, Pozzo T, Papaxanthis C, 2009. Aging affects the mental rotation of left and right hands. *PLoS One*, 4, 1-8.
- Sakano N, Pickenhain L, 1985. Japanese and German data on the correlation between handedness, arm folding, and hand clasping. *Studia Psychologica*, 27, 107-116.
- Sekiyama K, 1982. Kinesthetic aspects of mental representations in the identification of left and right hands. *Percept Psychophys*, 32, 89-95.
- Sekiyama K, Kinoshita T, Soshi T, 2014. Strong biomechanical constraints on young children's mental imagery of hands. *R Soc Open Sci*, 1:140118.
- Takeda K, Shimoda N, Sato Y, Ogano M, Kato H, 2010. Reaction time differences between left- and right-handers during mental rotation of hand pictures. *Laterality*, 15, 415-425.
- ter Horst A, van Lier R, Steenbergen B, 2010. Mental rotation task of hands: differential influence number of rotation axes. *Exp Brain Res*, 203, 347-354.
- Vizzotto AD, Celestino DL, Buchain PC, Oliveira AM, Oliveira GM, Di Sarno ES, Napolitano IC, Elkis H, 2016. A pilot randomized controlled trial of the occupational goal intervention method for the improvement of executive functioning in patients with treatment-resistant schizophrenia. *Psychiatry Res*, 245, 148-156.
- Wilk CM, Gold JM, McMahon RP, Humber K, Iannone VN, Buchanan RW, 2005. No, it is not possible to be schizophrenic yet neuropsychologically normal. *Neuropsychology*, 19, 778-786.
- Wilson PH, Maruff P, Butson M, Williams J, Lum J, Thomas PR, 2004. Internal representation of movement in children with developmental coordination disorder: a mental rotation task. *Dev Med Child Neurol*, 46, 754-759.
- World Health Organization, 1992. ICD-10: The ICD-10 classification of mental and behavioural disorders: Clinical descriptions and diagnostic guidelines. World Health Organization.
- Zapparoli L, Saetta G, De Santis C, Gandola M, Zerbi A, Banfi G, Paulesu E, 2016. When I am (almost) 64: The effect of normal ageing on implicit motor imagery in young elderly. *Behav Brain Res*, 303, 137-151.